

## Gluten Free Menu

**Always** let our Staff know you are gluten-free so we make take necessary precautions

We take gluten free, as well as other allergies very seriously. Our cooks and wait-staff are all trained how to handle allergies.

However, we are not a complete gluten free restaurant.

### **Starters & Sides (These items are gluten-free, however we do not have a separate fryer for these items)**

Potato Skins	Applesauce	Baked Potato	Cottage Cheese
Sweet Potato Fries	Mashed Potato (no gravy)	Coleslaw	Vegetable

### **Fresh Salads & Soups (All dressings are gluten-free)**

Cherry Chicken Salad	Fajita Chicken Salad (must specify no shell)
Spinach Salad with Chicken	Broccoli Cheese Soup, Cheesy Potato Soup
Mini-chef Salad with Chicken	Split Pea with Ham Soup, Chili
Chicken Salad Plate (must specify no muffin)	

### **Dinner Entrees (must specify gluten-free and no roll)**

6 oz. Sizzler Dinner (must specify no garlic toast)	Smothered Chicken Breast
Loaded Chop Steak (must specify no gravy and no onion ring)	Steamed Tilapia
BBQ Chicken Breast	Ground Round Plate (must specify no garlic toast)
Young at Heart Seasoned Chicken Breast	

### **Specialty Sandwiches & Burgers (All sandwiches and burgers must be served on gluten free bread.**

**Let your server know. Additional charge of \$1.40)**

Philly French Dip	Hawaiian Chicken	Chicken Supreme	Dutch Burger
Classic Reuben	Burger	Bacon Chicken Melt	Guacamole Bacon
Turkey Reuben	Slim Jim	Terry Special	Double D Burger
Chicken Salad Sandwich	Grilled Cheese	Patty Melt	BYO Burger
Club Sandwich	BLT Sandwich	Apple Bacon Burger	Smokehouse Burger